Connecting the dots for Better Healthcare

Empower Your Health

Southern Tier HealthLink Patient Portal

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STHL Patient Portal

STHL Patient Portal

You can use the STHL Patient Portal to:

- Manage Your Consent & Share Data with your Doctors
- Access Your Providers & Your Health Information
- Monitor Who is Accessing Your Information

Click through the slides to see what the STHL Patient Portal has to offer!

It's easy. It's secure. It's free.

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Benefits of the STHL Patient Portal

- Manage your Consent—control which health care organizations can access your Health Information Exchange records.

- Access your Reports—review which medical providers have viewed your Health Information Exchange records.

- Connect to Microsoft HealthVault— view your own health information in a linked HealthVault account.

- Log into *myUHS* to access this personal healthcare record system.

What Microsoft HealthVault™ can do for You

Your HealthVault account helps you:

- Monitor chronic conditions and share data with your doctor.

- Enhance your record by adding your own information.

- Track your progress and stay motivated.

- Control who sees and uses the information in your account.

- Choose from an array of health tools and applications.

Click through the slides to see how to view your health information in HealthVault™

Your HealthVault Account
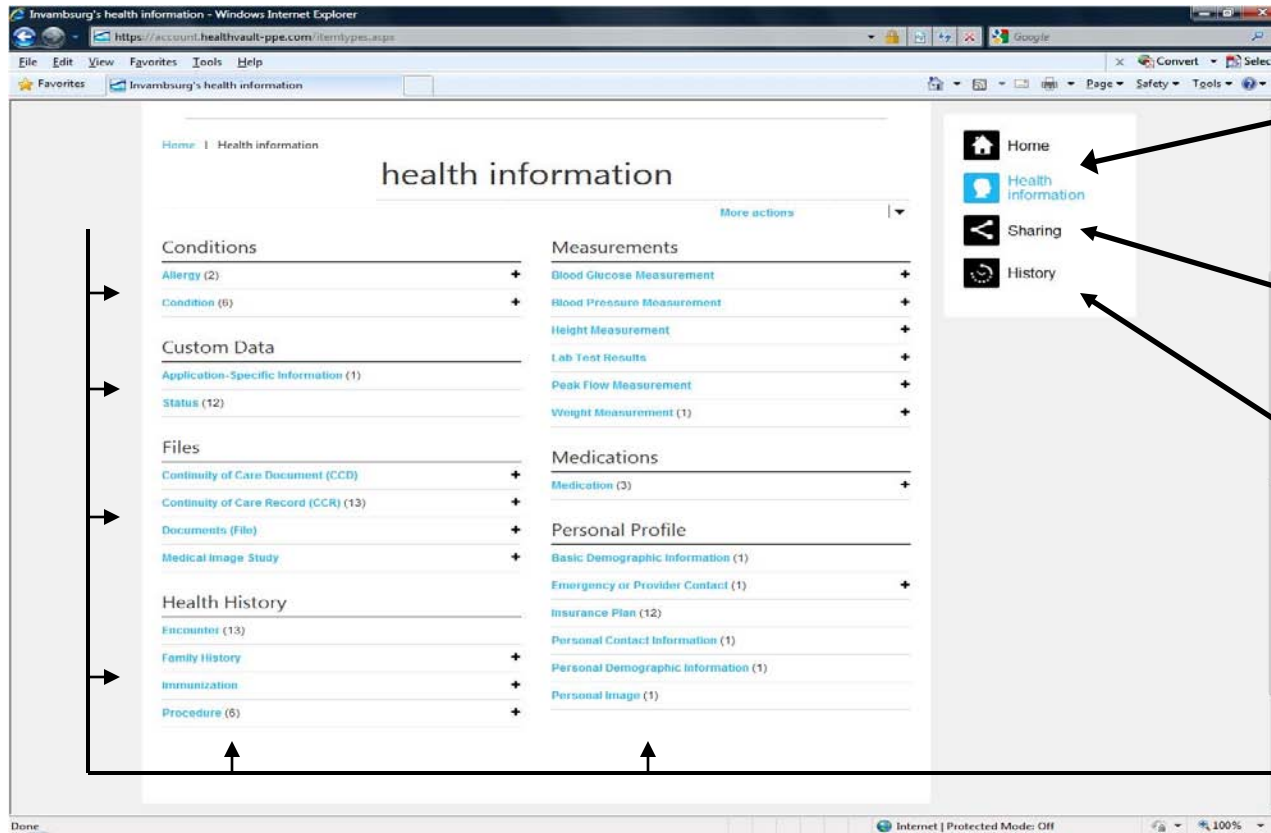

View your profile

Access Your Health Information

Southern Tier HealthLink's Application

View Your Health Information

Click on the **Health Information** icon to access a summary view of your health information.

Give others access to your information

Review changes to your records

Clicking on any of the **blue** links takes you to the page that provides the detailed records.

View Your Allergies

The **Allergy** page displays allergies reported by your participating providers.

The screen displays the name of the allergy, your reaction, and the date the allergy was observed/reported.

More detail is displayed by clicking on the down arrow in the **Details** column.

View Your Conditions

The **Condition** page displays conditions reported by your participating.

This button allows you to add additional conditions

View Your Medications

The Medications page allows you to view the medications reported by your participating providers in the HIE.

Click on Details to see dosage, prescribing physician, quantity prescribed and available refills.

Records include the name of the medication, the reason for taking, the date the prescription was started (and when stopped, as appropriate).

View Your Procedures

The **Procedure** screen gives you access to the hospital- and other procedures in the HIE.

These are additional tools you may like to explore and use

Extra features

Enter Your Own Health Information
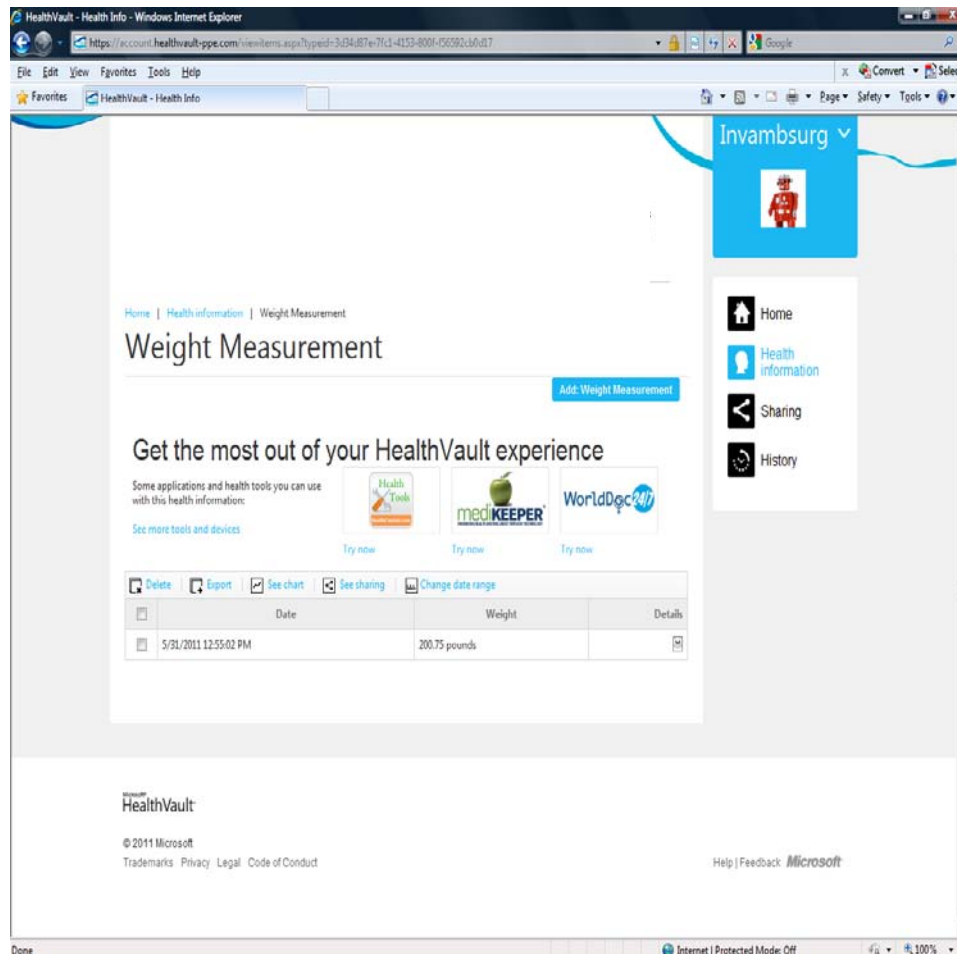
The **Weight Management** screen can be located by clicking the appropriate icon on the **Health Information** page.

You may enter information manually, or it can be downloaded from a variety of enabled digital devices.

You can use HealthVault to personally monitor key health measurements such as:

- Blood Glucose   - Blood Pressure
- Weight   - Height

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Use HealthVault's Tools & Devices

HealthVault tools let you analyze and manage that information to help you achieve your health and fitness goals.
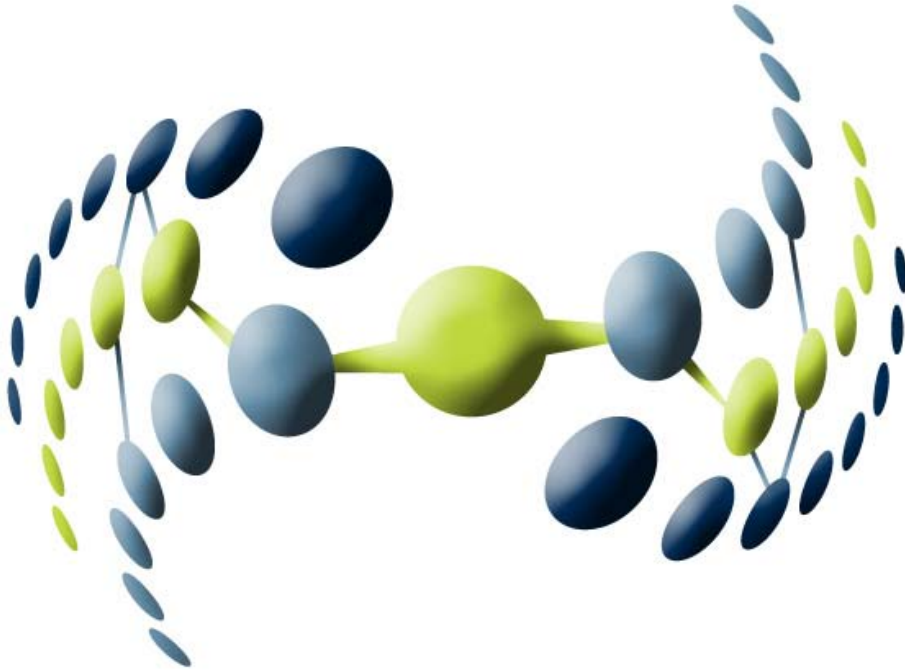
- Some Tools and Devices include*:

- Click here to search HealthVault's directory of Tools and Devices.

* Southern Tier HealthLink does not support or endorse any particular tools or devices.

For More Information

please click on the links below

- [Microsoft HealthVault](#)

- Log into the STHL [Patient Portal](#)

- STHL [FAQs](#)

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Contact Us

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