

Connecting the dots for Better Healthcare



Empower Your Health
Southern Tier HealthLink Patient Portal

STHL Patient Portal

manage

your consent & share
data with doctors

monitor

who is accessing
your information



access

your providers &
health information

*empower
your health*

STHL Patient Portal

You can use the STHL Patient Portal to:

- Manage Your Consent & Share Data with your Doctors
- Access Your Providers & Your Health Information
- Monitor Who is Accessing Your Information

Click through the slides to see what the STHL Patient Portal has to offer!

It's easy. It's secure. It's free.

Benefits of the STHL Patient Portal

- Manage your Consent—control which health care organizations can access your Health Information Exchange records.
- Access your Reports—review which medical providers have viewed your Health Information Exchange records.
- Connect to Microsoft HealthVault—view your own health information in a linked HealthVault account.
- Log into *myUHS* to access this personal healthcare record system.



You can use the Patient Portal to:

- Access your connected provider PHR (myUHS)
- Send health information to your Microsoft HealthVault™ account
- Interact with the Health Information Exchange
 - Manage your consent preferences
 - Audit which medical providers have accessed your record

What Microsoft HealthVault™ can do for You

Your HealthVault account helps you:

- Monitor chronic conditions and share data with your doctor.
- Enhance your record by adding your own information.
- Track your progress and stay motivated.
- Control who sees and uses the information in your account.
- Choose from an array of health tools and applications.

Click through the slides to see how to view
your health information in HealthVault™

Your HealthVault Account

The screenshot displays the Microsoft HealthVault web application interface. At the top left is the "Microsoft HealthVault" logo, and at the top right is the "Microsoft" logo. Below the top bar, there are links for "Your account", "Sign out", and "Help". The main content area is divided into two columns. The left column contains "Quick links" for "About you", "Health tools", "Family", "Contact list", and "Stories", each with a corresponding "ADD INFO", "FIND TOOLS", "ADD PERSON", "ADD CONTACT", or "LEARN MORE" button. Below this is a section for "Online health tools" featuring a "Southern Tier HealthLink" logo and a "Connected OPEN" status. The right column features a user profile for "Invamsburg" with a checkmark, a profile picture of a person in a red uniform, and a sidebar menu with icons and labels for "Home", "Health information", "Sharing", and "History".

Microsoft HealthVault

Microsoft

Your account | Sign out | Help

Quick links

About you
Medication, Allergies, Conditions
[ADD INFO](#)

Health tools
Check out helpful tools & devices
[FIND TOOLS](#)

Family
Add a family member to this account
[ADD PERSON](#)

Contact list
Add an emergency contact or provider info
[ADD CONTACT](#)

Stories
How do others use HealthVault?
[LEARN MORE](#)

Online health tools (7)
[Find more tools](#)

Southern Tier HealthLink
Connected
[OPEN](#)

Invamsburg ✓

Home

Health information

Sharing

History

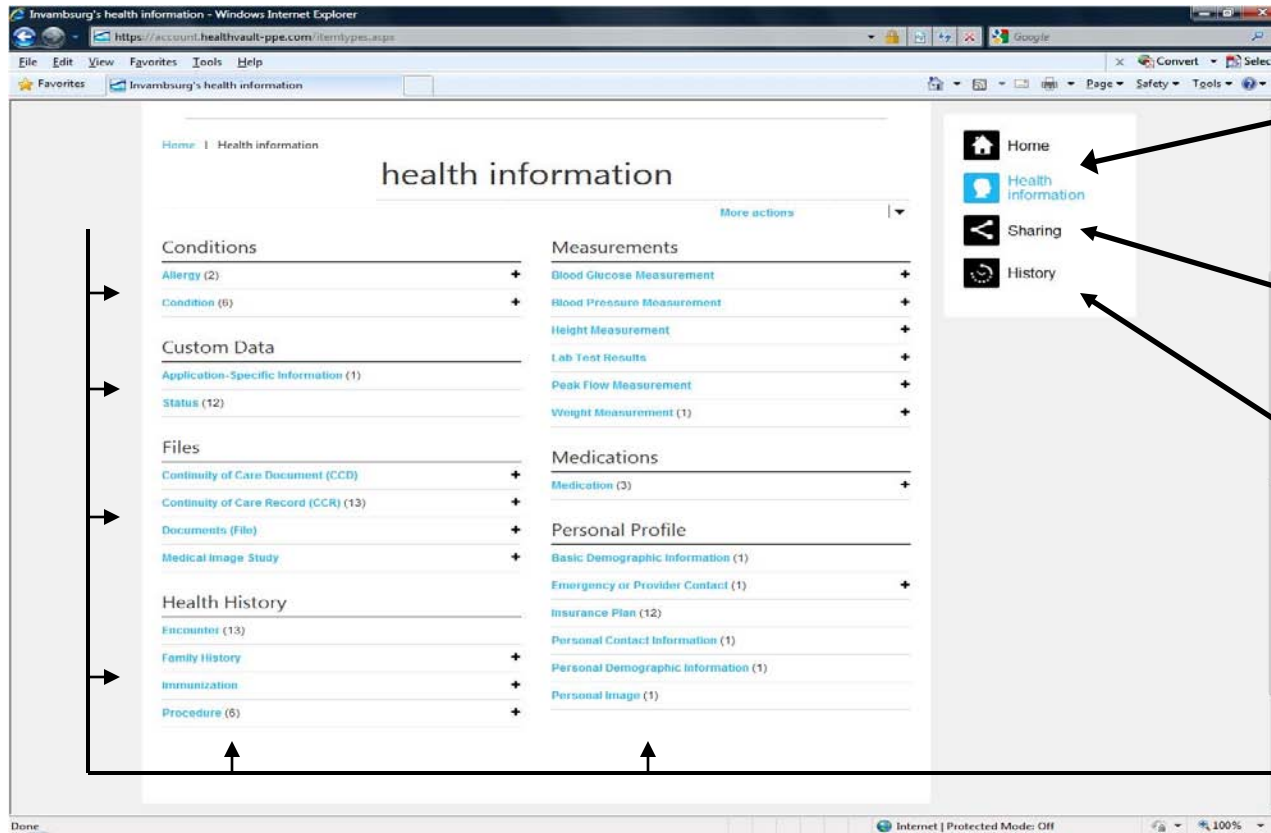
View your profile

Access Your Health Information

Southern Tier HealthLink's Application

southern tier healthlink new york

View Your Health Information



Click on the **Health Information** icon to access a summary view of your health information.

Give others access to your information

Review changes to your records

Clicking on any of the **blue** links takes you to the page that provides the detailed records.

View Your Allergies

HealthVault - Health Info - Windows Internet Explorer

https://account.healthvault-ppe.com/viewitems.aspx?typeid=52b9104-2c5e-411f-a66d-552ebcc53df7

File Edit View Favorites Tools Help

HealthVault - Health Info

Invamsburg

Home
Health information
Sharing
History

Allergy

Add: Allergy

Get the most out of your HealthVault experience

Some applications and health tools you can use with this health information:

See more tools and devices

HealthyCircles Try now

MyMediConnect Try now

MAYOCLINIC Health Manager Try now

Delete Export See sharing Change date range

	Name	Reaction	First Observed	Details
<input type="checkbox"/>	RED DYE	Hives	3/11/2009 12:00:00 PM GMT	
<input type="checkbox"/>	PEANUT	Anaphylaxis	3/11/2009 12:00:00 PM GMT	

Microsoft HealthVault

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Help | Feedback Microsoft

Internet | Protected Mode: Off

The **Allergy** page displays allergies reported by your participating providers.

The screen displays the name of the allergy, your reaction, and the date the allergy was observed/reported.

More detail is displayed by clicking on the down arrow in the **Details** column.

View Your Conditions

HealthVault - Health Info - Windows Internet Explorer

https://account.healthvault-ppe.com/viewitems.aspx?typeid=7ea7a1f9-880b-4bd4-b593-f5660f20eda8

File Edit View Favorites Tools Help

HealthVault - Health Info

Home | Health information | Condition

Condition

[Add: Condition](#)

Get the most out of your HealthVault experience

Some applications and health tools you can use with this health information:

[See more tools and devices](#)

[Try now](#) [Try now](#) [Try now](#)

[Delete](#) [Export](#) [See sharing](#) [Change date range](#)

<input type="checkbox"/>	Name	Status	Onset Date	Details
<input type="checkbox"/>	Disease, upper respiratory NEC/NOS	Active		⌵
<input type="checkbox"/>	Sprain/strain, back NOS	Active		⌵
<input type="checkbox"/>	Dementia, arteriosclerotic w/depres...	Active	3/11/2009 12:00:00 PM GMT	⌵
<input type="checkbox"/>	Hypertension, essential NOS	Active		⌵
<input type="checkbox"/>	Adenoiditis, chronic	Active	3/11/2009 12:00:00 PM GMT	⌵
<input type="checkbox"/>	Hypertension, essential NOS	Active		⌵

Microsoft HealthVault

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Internet | Protected Mode: Off

The **Condition** page displays conditions reported by your participating.

This button allows you to add additional conditions

View Your Medications

HealthVault - Health Info - Windows Internet Explorer

https://account.healthvault-ppe.com/viewitems.aspx?typeid=30c4fccc-047d-4288-94ef-643571f7919d

File Edit View Favorites Tools Help

HealthVault - Health Info

Home | Health information | Medication

Medication

Add Medication

Get the most out of your HealthVault experience

Some applications and health tools you can use with this health information:

See more tools and devices

HealthyCircles Try now

CardioSmart Powered by PEOPLECHART Try now

MyHealthInfo Try now

Delete Export See sharing Change date range

	Name	Reason for Taking	Date Started	Date Stopped	Details
<input type="checkbox"/>	TYLOXAPOL		3/11/2009 12:00:00 PM GMT		
<input type="checkbox"/>	ESZOPICLONE		3/11/2009 12:00:00 PM GMT		
<input type="checkbox"/>	AMOXICILLIN TRIHYDRATE		3/31/2009 12:00:00 PM GMT		

Edit Print Mark as Personal

Details History Related

Medication name AMOXICILLIN TRIHYDRATE

Dose 875 mg

Date started 3/31/2009

Time 12:00PM

Time Zone GMT

Prescribed by Unknown

Prescription quantity 30 n/a

Refills 0

Generic name AMOXICILLIN TRIHYDRATE

The **Medications** page allows you to view the medications reported by your participating providers in the HIE.

Click on Details to see dosage, prescribing physician, quantity prescribed and available refills.

Records include the name of the medication, the reason for taking, the date the prescription was started (and when stopped, as appropriate).

View Your Procedures

HealthVault - Health Info - Windows Internet Explorer

https://account.healthvault-ppe.com/viewitems.aspx?typeid=df4db479-a1ba-42a2-8714-2b083b88150f

File Edit View Favorites Tools Help

HealthVault - Health Info

Home | Health information | Procedure

Procedure

Add Procedure

Get the most out of your HealthVault experience

Some applications and health tools you can use with this health information:

See more tools and devices

Cleveland Clinic MyChart® Try now

American Cancer Society® Try now

Healthy Circles Try now

Delete Export See sharing Change date range

	When	Name	Anatomic location	Details
<input type="checkbox"/>	3/11/2009 12:00:00 PM GMT	Immuniz admin, ea add vacsngl/combo		⌵
<input type="checkbox"/>	3/11/2009 12:00:00 PM GMT	Td (adult)		⌵
<input type="checkbox"/>	3/11/2009 12:00:00 PM GMT	DTaP		⌵
<input type="checkbox"/>	3/11/2009 12:00:00 PM GMT	Immuniz adminin, 1 vac, sngl/combo		⌵

Details History Related

Edit Print Mark as Personal

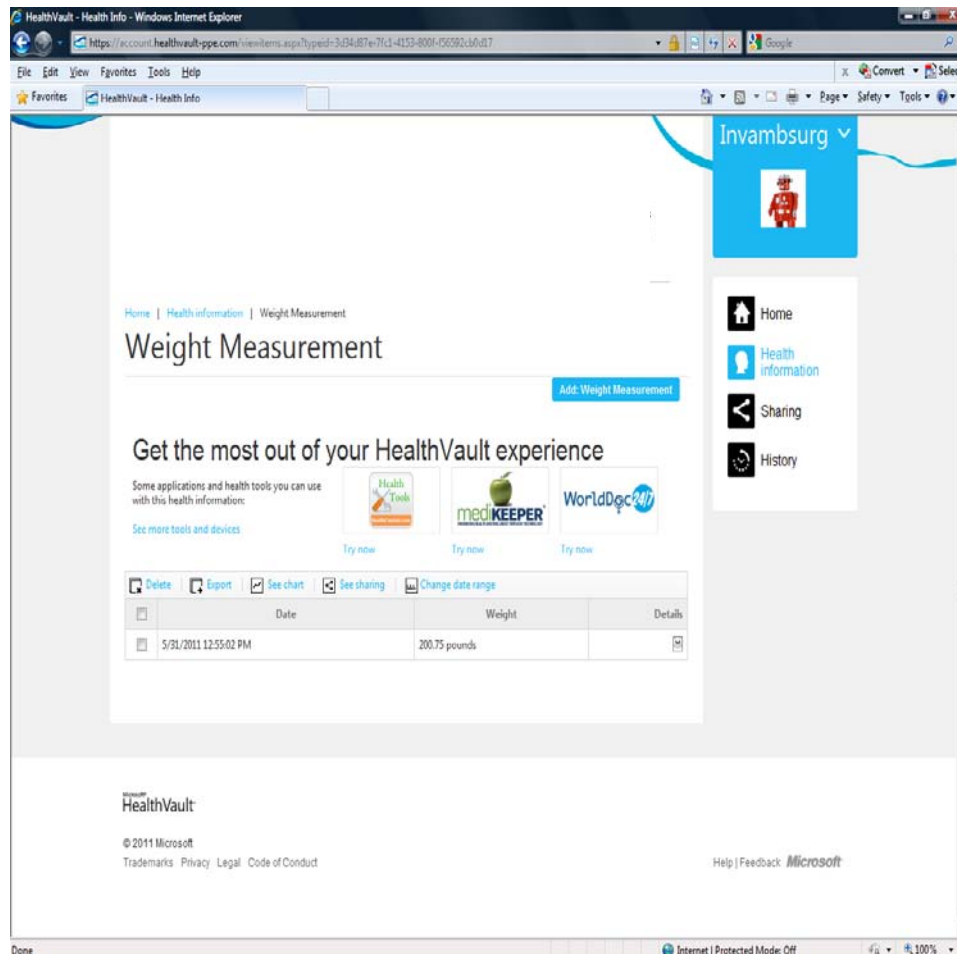
Done Internet | Protected Mode: Off 100%

The **Procedure** screen gives you access to the hospital- and other procedures in the HIE.

These are additional tools you may like to explore and use

Extra features

Enter Your Own Health Information



The **Weight Management** screen can be located by clicking the appropriate icon on the **Health Information** page.

You may enter information manually, or it can be downloaded from a variety of enabled digital devices.

You can use HealthVault to personally monitor key health measurements such as:

- Blood Glucose
- Blood Pressure
- Weight
- Height

Use HealthVault's Tools & Devices

HealthVault tools let you analyze and manage that information to help you achieve your health and fitness goals.

- Some Tools and Devices include*:



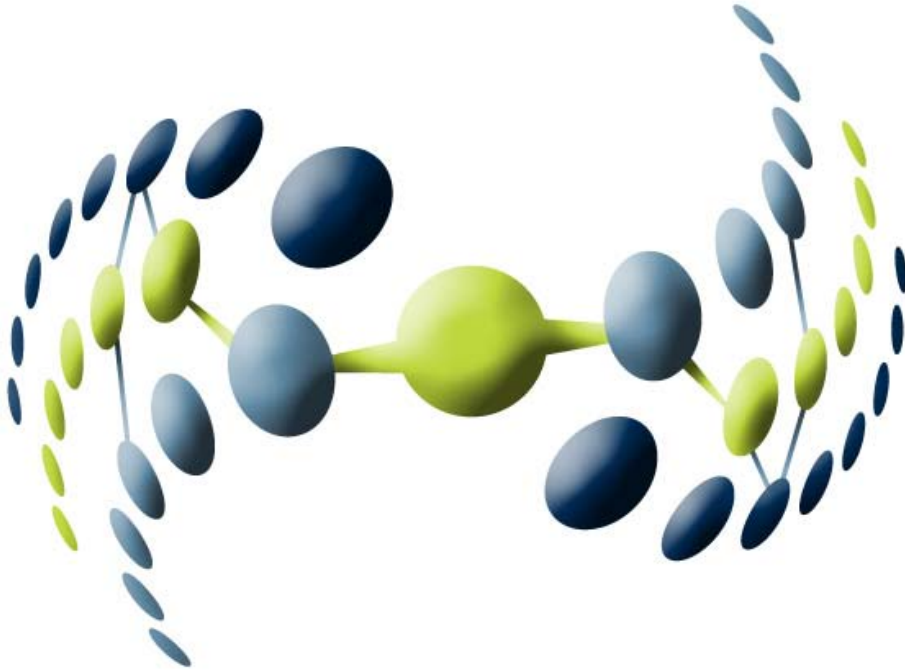
- Click [here](#) to search HealthVault's directory of Tools and Devices.

* Southern Tier HealthLink does not support or endorse any particular tools or devices.

For More Information

please click on the links below

- [Microsoft HealthVault](#)
- Log into the STHL [Patient Portal](#)
- STHL [FAQs](#)



Contact Us

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